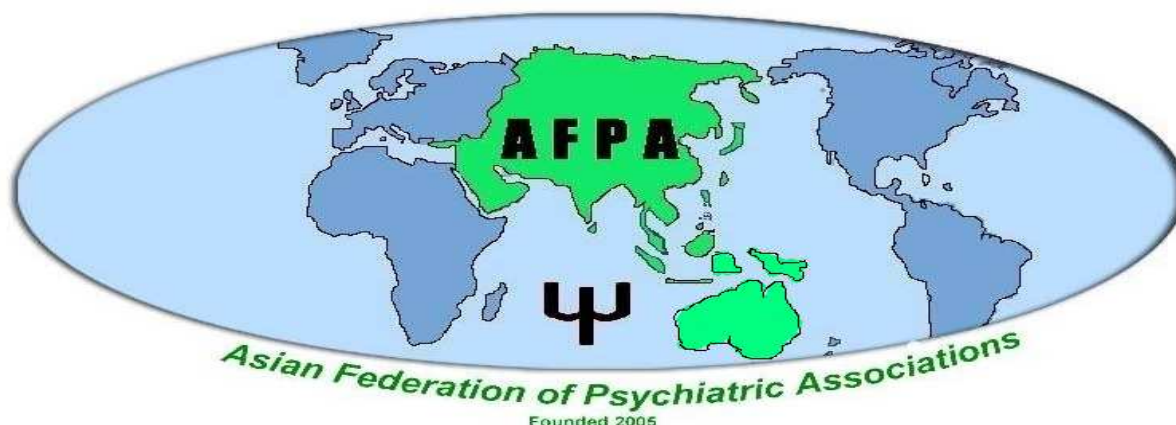


The Bulletin of the AFPA

The Winter 2018 Issue



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President's Address



Welcome and greetings! Welcome to the winter2018 edition of the Bulletin of the Asian Federation of Psychiatric Associations!

I am pleased that AFPA is bringing this issue of its Bulletin with news and activity reports from different member societies. It is indeed a pleasure to find a range of activities from our national societies. I am also grateful to all of you for your support and confidence in the leadership of the AFPA and your

continuous contributions towards our collective efforts for improving mental health in our AFPA regions.

The success of our 2017 World Congress of Asian Psychiatry (WCAP) in Abu Dhabi, United Arab Emirates, 23-26 March 2017 will always be remembered as an important milestone in AFPA's history. This has given us a lot of confidence for our future activities along with a conviction about AFPA's future rôle in regional and international psychiatry. It is also very reassuring that the active partnership of our Asian member societies is continuously supporting our mission and philosophy in a big way.

AFPA's affiliation with World Psychiatric Association is very reassuring and is demonstrating an important aspect of our future rôle in international psychiatry.

Our presence at WPA's world congress at Berlin in October 2017 was a significant success in maintaining our international relations. We also had a chance to organise our board meeting at Berlin and discussed a number of future plans and activities. This meeting was attended by more than 25 presidents of national Asian associations along with a number of other representatives and delegates from the member societies.



The Bulletin of the AFPA

A newsletter for the Asian Federation of Psychiatric Associations®

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The Asian Federation of Psychiatric Associations® (AFPA®) was registered in Tokyo, Japan on 12 December 2016.

Similarly AFPA has been active in supporting many national, regional and international meetings during the last half of 2017. I am pleased that the AFPA has supported and co-sponsored a number of national conferences held in the region. Our first international congress of the AFPA in Manila, Philippines, 24-26 January, 2018 will also add a great value to our intentions and efforts for achieving our objectives. Similarly the second international congress of the AFPA is being planned in India in November 2018 with incredible support from Indian Psychiatric Society and Indian Association of Private Psychiatrists. We have also started our planning for our next World Congress of Asian Psychiatry being held at Sydney, Australia in February 2019 and I am grateful to the leadership of the Royal Australian and New Zealand College of Psychiatrists for their full support and patronage for this congress.

It is true that we are witnessing a global change in our insight to the mental health issues. We are, however, still far behind in many aspects of provision of an ideal mental health care for our patients. The AFPA is undoubtedly giving due attention to different mental health needs of many of our member countries especially in areas of teaching, training, as well as capacity building and bridging mental health gaps. We are also helping a number of low income countries in the region in refining and updating their policies and practices in different areas of mental health. Likewise we are in regular contact with our membership for organising teaching and training programmes and supporting local research initiatives. Research of Asian Prescriptions

(REAP) study is an important work in collaborative research, and thanks to Prof. Naotaka Shinfuku and his team for continuing this project and extending the ongoing work to further new areas of research.

AFPA's commitment to uplift the rôle of young psychiatrists has been well acknowledged. We are ensuring their representations at our meetings and also taking them on board for developing special activities in Asian countries. Their visible presence in the scientific programme of AFPA's Manila conference indicates our recognition of their contributions to psychiatry in Asia.

As the AFPA has assumed an important position in the profession and as a represented organisation for mental health, its rôle is gaining more importance especially for raising and highlighting the professional issues. This is also what we foresee as our future work at our organisational level and also as a guideline for our future rôle in supporting the mental health professionals and policy makers for their work. The AFPA would therefore request your active involvement in our future activities and we look forward receiving your advice in planning and delivering further programmes in different fields of mental health.

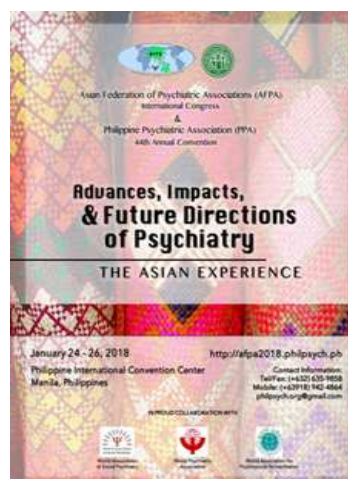
I once again thank all of you for your support to the AFPA and look forward for receiving your feedback and further input to our forthcoming work. (The author declares no conflicts of interest in writing this feature.)

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(Editor's note: Javed is AFPA president 2017-2019. He was elected as president-elect of the World Psychiatric Association in October 2017.)



It is with pride that the Philippine Psychiatric Association announces its privilege to host the International Congress of the Asian Federation of Psychiatric Associations in Manila, Philippines, 24-26 January, 2018. The theme of the IC of the AFPA is “Advances, Impacts, and Future Directions in Psychiatry: The Asian Experience.”

This IC will provide opportunities for edification and strengthening bonds among mental health professionals and allied specialists in the Asian and global milieu as germane and noteworthy topics are covered by principal authorities in their respective fields.

Pre-congress workshops will take place on psychodynamic psychotherapy, mindfulness-based counseling and therapy, and global mental health care for intellectual disability. Symposia include anti-stigma symposium featuring country reports of AFPA member societies, early career psychiatrists symposium, formal launch of the Philippine consensus treatment guidelines, and a special feature on the first-ever Philippine Mental Health Bill.

To convene and interact with leading clinicians, researchers, policy makers, and other stakeholders, we make a collective effort to make a difference in the context of global revolutions.

For interested delegates who wish to know more about the programme, registration, and accommodations, please visit: afpa2018.philpsych.ph.

We hope that you will help extend this invitation to colleagues and friends in the field and we look forward to this occasion of imparting biopsychosocial proficiencies and novel research undertakings.



See you in Manila! (The author declares no conflicts of interest in writing this feature.)

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(Editor's note: Samaniego is the PPA president.)

Programme Highlights of the IC of the AFPA and the 44th Annual Convention of the PPA

The International Congress of the Asian Federation of Psychiatric Associations and the 44th Annual Convention of the Philippine Psychiatric Association will take place on 24 - 26 January, 2018, Philippine International Convention Center, Manila. The theme of the IC is “Advances, Impacts and Future Directions of Psychiatry: The Asian Experience.” The preliminary programmes are listed below:

Pre-congress workshops (23 January 2018, Tuesday, 9:00 a.m. - 5:00 p.m.)

- “Providing Effective Global Mental Healthcare in People with Intellectual Disability,” by Ashok Roy (India), Sabyasachi Bhaumik (India), Sherva Cooray (United Kingdom) at Meeting Room 14
- “Introduction to Psychodynamic Psychotherapy,” by Allan Tasman (USA) at Meeting Room 12
- “Integrating Social and Community Psychiatry in the General Psychiatry Residency Curriculum: An Opportune Response to These Changing Times,” by Lourdes Ladrido-Ignacio (Philippines), Anselmo T. Tronco (PHL), Marissa B. Pascual (PHL), and Joffrey Sebastian E. Quiring (PHL) at Meeting Room 10
- “Mindfulness-Based Counseling and Psychotherapy,” by Yongyud Wongpiromsarn (Thailand) at Meeting Room 11

Opening Ceremony, Meeting Room 1 (24 January 2018, Wednesday, 9.00 a.m. -11.30 a.m.)

Key note and plenary speakers include Jacqueline Te-Sy (PHL), Helen Herrman (Australia), Afzal Javed



(Pakistan), Malcolm Hopwood (Australia), Naotaka Shinfuku (Japan), Mohan Isaac (Australia), Lourdes L. Ignacio (PHL), Allan Tasman (USA), Pureza T. Onate (PHL), and Dieter H. Naber (Germany)

Lunch of Joint Journal of Asian Federation of Psychiatric Associations and Pacific Rim College of Psychiatrists, Meeting Room 1 (24 January 2018, Wednesday, 11: 30 a.m. – 1:15 p.m.)

AFPA Board Meeting, Venue: To Be Announced (24 January 2018, Wednesday, 3: 30 p.m. – 5: 30 p.m.)

Presidential Gala (by invitation only), **Boracay Function Room, Hotel Sofitel** (24 January 2018, Wednesday, 7: 00 p.m. – 10: 00 p.m.)

Symposium for “AFPA Young and Early Career Psychiatrists,” Meeting Room 9 (25 January 2018, Thursday, 2:30 p.m. – 5: 00 p.m.)

Fellowship Night and Positivism in the Performing Arts (PPA), Live!, Meeting Room 1 (25 January 2018, Thursday, 7: 00 p.m. – 10:00 p.m.)

Symposium for “Asia’s Battle against Mental Illness Stigma,” by delegates from nine Asian countries, Meeting Room 1 (26 January 2018, Friday, 2: 30 p.m. – 4:55 p.m.)

Closing Ceremony, Meeting Room 1 (26 January 2018, Friday, 5: 00 p.m. - 6: 30 p.m.)

More information about the complete programme, the delegates should consult with the congress website or the programme. (The author declares no conflicts of interest in writing this feature.)



A photo of Afzal Javed (left) and René M. Samaniego (right) at the 17th World Psychiatric Association World Congress in Berlin, October 2017

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(Editor's note: Afzal Javed is the congress president, and Samaniego is the congress director.)

Special Symposium for Young Psychiatrists and Poster Presentation Competition at the IC of the AFPA in Manila, 25 January 2018

We are pleased to share with you some salient features of a special symposium for young psychiatrists being held at international congress of the Asian Federation of Asian Psychiatry. Manila on 24-26 January, 2018. This symposium will take place on Thursday, 25 January 2018. Thanks to Prof. Norman Sartorius (Switzerland) for guiding us about the programme and I am pleased that Prof Mohan Issac (Australia) has taken a lead for formulating the agenda for this symposium.

We are also having a poster presentation competition for young psychiatrists at the IC of the AFPA, Manila. This poster session will be held in the morning of the first day (Wednesday 24 January, 2018). The posters will be displayed during the entire duration of the IC of the AFPA. The winners/top three posters will be announced at the end of the oral paper presentation in the morning of the 3rd day (Friday, 26 January, 2018). Top three posters from the young psychiatrists group will be given an AFPA award / certificate at the closing ceremony, on 26 January, Friday.

Thanks for your support to AFPA, and please join me for thanking Philippines Psychiatric Association for their hard work. (The author declares no conflicts of interest in writing this feature.)

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FROM THE OFFICE OF THE AFPA

Asian and Pacific Psychiatrists in the WPA Offices

At the 17th World Congress of World Psychiatric Association (WPA), Berlin, Germany, 8-12 October, 2017, a number of Asian-Pacific psychiatrists who belong to the member societies of Asian Federation of Psychiatric Associations (AFPA) were elected to hold the leadership positions of the WPA:

I am reporting the election results of WPA officers held on 10 October, 2017 at Pullman Hotel in Berlin.

Executive Board

- Helen Herrman (Australia, Royal Australian and New Zealand College of Psychiatrists) was advanced from previous WPA president-elect to become WPA president, 2017-2020. She succeeded Dinesh Bhugra who completed his three year-term as WPA president.
- Afzal Javed (Pakistan, Pakistan Psychiatric Society) was elected to be WPA president-elect, 2017-2020. He successfully completed his two three-year terms as secretary for scientific sections of the WPA executive board.
- Roger Man Kin Ng (Hong Kong, China, Royal Hong Kong College of Psychiatrists) was elected as secretary for education of WPA executive board.

Zonal Representatives

- Suhaila Ghuloum (Kuwait, Kuwait Psychiatric Society) was elected as representative of WPA zone 12 (Middle East), 2017-2020.
- Khalid Attaullah Mufti (Pakistan, Pakistan Psychiatric Society) was elected as the representative of WPA

zone 15 (Central and Western Asia), 2017-2020.

- M. S. V. K. Raju (India, Indian Psychiatric Society) was elected as the representative of WPA zone 16 (Southern Asia), 2017-2020.
- Winston W. Shen (Taiwan, Taiwanese Society of Psychiatry) was elected as the representative of WPA zone 17 (Eastern Asia), 2017-2020.
- Allister Bush (New Zealand, Royal Australian and New Zealand College of Psychiatrists) was elected as the representative of WPA zone 18 (Australia and South Pacific), 2017-2020.

In addition to the newly elected members, three Asian psychiatrists Roy Abraham Kallivayalil (India, Indian Social Psychiatry), Armen Soghoian (Armenia, Armenia Psychiatric Association), and Masatoshi Takeda, (Japanese Society of Psychiatry and Neurology) were re-elected to continue their second three-year term for general secretary, secretary for finances, and secretary for scientific meetings, respectively, of the WPA executive board. (The author declares no potential conflicts of interest in reporting this news.)

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(Editor's note: Shinfuku is a founding president of the AFPA.)

FROM PRESIDENTS OF AFPA NATIONAL SOCIETIES

Activities of the Vietnam Psychiatric Association in the Second Half of 2017

In the year of the 2017, the Vietnam Psychiatric Association has continued to be active for improving for organizational development and the care for patients in Vietnam. The highlights of VPA activities since January 2017 include:

One more VPA chapter added

Ben Tre is a newly created chapter of the VPA in second half of 2017. The VPA has 37 chapters across the country by the end of the year 2017. The total VPA membership is 612 people.

Scientific conferences

The VPA organised a conference in October 2017 at Da Nang on substance abuse, and another conference in November 2017 at Hai Phong City is the annual scientific conference of the VPA. At those conferences,



attracted average of 250 - 300 participants at each conference. Most participants were from Vietnam's psychiatry system.



Standing Committee of the Vietnam Psychiatric Association at the annual scientific conference of the VPA 17-18 November, 2017 in Hai Phong City.

From left: Ngo Van Vinh, Trinh Tat Thang, Nguyen Thi Bui, Nguyen Doan Phuong, Nguyen Viet Thiem, Nguyen Van Tho, Vo Van Ban, Tran Van Cuong, Nguyen Kim Viet, Bui Quang Huy, Vuong Van Tinh, Nguyen Van Dung.

International operation activities

The VPA had a programme to visit and exchange with the leadership of the V. Serbsky National Medical Research Centre for Psychiatry and Narcology of the Ministry of Health of the Russian Federation at Mosko in early October 2017. The purpose of this trip was to strengthen relationship and cooperation opportunities between the Vietnamese and Russian colleagues in psychiatry and forensic psychiatry. Evgenii Vadimovich Makushkin, deputy director-general of the "V. Serbsky NMRC PN" of the Ministry of Health of Russia welcomed VPA visitors.

Social activities for the government

- Vietnam Medical Association and the VPA jointly participated in social debates hosted by Ministry of Health in providing consultation, reviewing, drafting legal documents related to health care, training activities, scientific research, medical examination and treatment to provide epidemics, care for, protect and improve people's health.
- The VPA did a social debate for Ministry of Justice and Ministry of Health to review forensic mental health assessment and development of training materials for forensic experts.
- The VPA has attended two times of the People's Diplomacy Conference invited by the Central Committee of Foreign Affairs of Vietnam with the theme was "improving efficiency in foreign

affairs and international integration" and "the direction and measures to promote and further enhance the international position of the country." (The author declares no potential conflicts of interest in writing this feature.)

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(Editor's note: Cuong is the president of VPA.

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The RANZCP Advocates for Patients with Psychiatric Difficulty

The Royal Australian and New Zealand College of Psychiatrists (RANZCP) has been busy few months to advocate for patients with psychiatric difficulty.

As part of the RANZCP's advocacy work, we have been invited to appear before a number of Parliamentary Inquiries in Australia and meet with Federal Ministers to discuss important issues relating to mental health. One of these issues is private health insurance and out-of-pocket medical costs, and we will continue to advocate against insurance companies treating patients with mental illness differently.

Recently, the RANZCP has updated its position paper on the provision for mental health services for asylum seekers and refugees, which strongly advocates our opposition to the policy of mandatory detention.

We have also increased our work in the Asia and Pacific region. The Faculty of Child and Adolescent Psychiatry (FCAP) has set up the subcommittee, Child and Adolescent Psychiatry International Relations (CAPIR), to help promote and facilitate better mental health outcomes for infants, children, adolescents and their families. CAPIR has a range of strategic priorities for the region for 2018, including the creation of a volunteering program.

Finally, planning for the AFPA 7th World Congress of Asian Psychiatry is underway, and we look forward

to being part of the WCAP in Sydney in February 2019. (The author declares no potential conflicts of interest in reporting this feature.)

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(Editor's note: Jenkins is the RANZCP president
2017-2019.)



A photo at the annual congress of RANZCP in Adelaide in Australia 30 April to 4 May, 2017

From left: Afzal Javed (Pakistan) and Kym Jenkins (Australia)

The Family Violence Psychiatry and Military and the Military Veterans' MH Networks Established at the RANZCP

The Royal Australian and New Zealand College of Psychiatrists (RANZCP) has established two new networks to increase awareness among psychiatrists and trainees in a number of areas of mental health.

The Family Violence Psychiatry Network has been established to create awareness of the mental health aspects of family violence in Australia and New Zealand. Family violence is a highly complex issue involving societal, cultural, family, and individual factors, and the RANZCP recognises that the psychiatric profession has an important contribution to make to the issue of mental health and family violence.

The second network that the RANZCP has recently established is the Military and Veterans' Mental Health Network. This network aims to increase awareness in

the area of veterans' mental health and provide greater direction, pathways and support to psychiatrists working in this field. (The author declares no potential conflicts of interest in reporting this feature.)

Kym Jenkins

RANZCP Head Office, Melbourne, Australia

The Report of the 5th ESMH Conference In Dubai, UAE, 19 October 2017

The Emirates Society of Mental Health organised "the 5th Emirates Society Mental Health Conference," 19 October, 2017 at Hall B of Rashid Hospital, Dubai, United Arab Emirates. Both ESMH and Dubai Health Authority collaborated for this conference under the theme of "Patients and Families Awareness." Organising this conference was particularly in light of the UAE's "Year of Giving."



Samia Abul (left) gave a certificate of appreciation to Amal Al Sabhan at the 5th ESMH conference in Dubai, UAE

As the president of the ESMH and chairperson of the 5th ESMH Congress 2017, I stated during the opening speech, "Giving is at the heart of the UAE's culture and traditions. To achieve this noble initiative, the ESMH certainly contributes to the success of the "Year of Giving" by having this event to educate the public about mental illness, so that sufferers can speak openly about their experiences. The main aim of this conference is to shatter the stigma, to break down barriers, to create change, as well as to advocate for mental health well-being and awareness." Followed by giving certificates of appreciation to all the speakers and

a memorial educational leaflet box distribution to all the audience. The conference brought together expert mental health professionals to offer a state of the art awareness lectures about mental illness and mental health services.

The main topics of the conference consisted of (A) "Dispelling Myths on Mental Illness" by Maha AL Fuqaei, AL-Ali, and Dr Khawla Ahmed, (psychiatrists); (B) "Stress Management" by Shazya Rashid Lakadawala, (clinical psychologist); (C) "Understanding and Managing Psychiatric Inpatient Services" by Salamma Sabu Jhon, (a nurse); (D) "Medication Awareness," by Baraa Dhuhair (a specialist psychiatrist); (E) "Implementing Family Involvement on the Patients' Journey to Better Health" by Amal Al Sabhan (a social worker). (The author declares no potential conflicts of interest in writing the report here.)



A group photo taken at the 5th ESMH conference in Dubai, UAE

From left: Mona, Salama, Baraa, Samia Abul, Maha, Khawla Ahmed, Ann, Basaam, Mazen, Olga, Lourdes, Nisha, Nadia, Entisar, Amal, Dania, Cepres, and Sahra

Samia Abul*

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The Report of the 22nd National Psychiatric Conference of PPS, 17-19 November, 2017, Hyderabad, Pakistan

It was a matter of great pleasure for me to host the annual meeting of Pakistan Psychiatric Society (PPS)

at the historical city of Hyderabad, Pakistan. The 22nd National Psychiatric Conference, 2017 was organised 17 to 19 November, 2017 at Hyderabad with the theme to "Promote Mental Health by Building Partnerships." partnerships among psychiatry and other fields of health, social sciences and gen

The primary goal of this conference was to bring together not only national and international mental health professionals to discuss various issues of mental illness, but also experts from all fields of life in an attempt to foster stakeholder partnerships among psychiatry and other fields of health, social sciences and general services. Despite not being new, this conference continues to assume greater importance in today's health milieu.



A photo taken at the 22nd National Psychiatric Conference of the PPS

From left: Nasar Sayeed Khan (PPS president); Syed Haroon Ahmed (a patron of the conference); His Excellency, Senator Karim Khawaja (chief guest of inaugural ceremony); Khalid Mufti (representative of World Psychiatric Association zone 15), Ahmed Ali Khan (president of Pakistan, India, Bangladesh chapter of Brain Trust); Asghar Arain (Sir Cowasjee Jehangir Institute of Psychiatry), and Shahid Quraishi (chairman of BPPA). Speaking on the back screen: Moin Ahmed Ansari

This conference was attended by over 1,000 national and international delegates including psychiatrists, psychologists, social scientists, clinicians, teachers, students, lawyers, as well as law enforcement and media personnel. Totally, 11 national and international organizations had collaborated this conference. Two memorandum-signing ceremonies between Pakistan Psychiatric Society and Brain Trust- United Kingdom and British Pakistani Psychiatrists Association (BPPA), were organised on the occasion to foster international partnerships. Delegates from United Kingdom, United States of America, Canada, Kingdom of Saudi Arabia and Ireland, attended the conference.

The rich scientific programme of 22nd National Psychiatric Conference included 32 pre-conference,

conference and post-conference workshops, 30 plenary and scholarly lectures, as well as 40 free papers and research posters, young researchers' contest, young research presenters' contest, and best undergraduate research posters contest. (The author declares no conflicts of interest in writing this feature.)



Another photo taken at the 22nd National Psychiatric Conference of the PPS

From the left: Asghar Arain (Sir Cowasjee Jehangir Institute of Psychiatry), Roshan Ali Bhatti (Liaquat University of Medical and Health Sciences, Jamshoro), Malik H. Mubasshar (chief guest of concluding ceremony), Afzal Javed (president-elect, the WPA), Bikha Ram Devrajani (Liaquat University of Medical and Health Sciences, Jamshoro), and Moin Ahmed Ansari, and M. Iqbal Afridi (president-elect of the PPS)

Moin Ahmed Ansari*

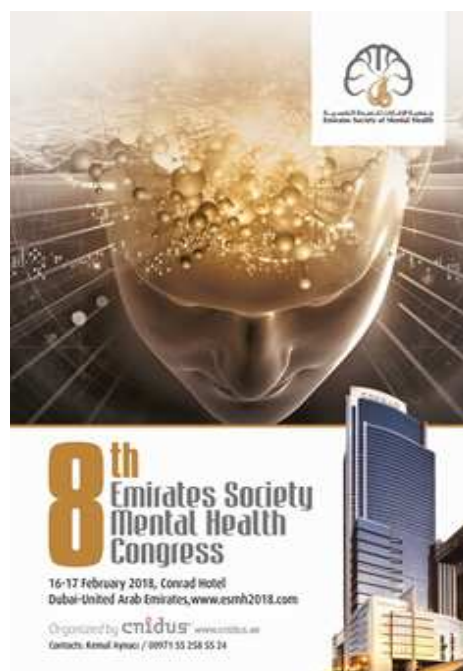
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(Editor's note: Ansari is general secretary of the PPS, and chairman of organising committee of the 22nd National Psychiatric Conference.)



We are fast approaching the date of the 8th Emirates Society Mental Health International Congress 2018, which is scheduled to be held 15-17 February, 2018 at Conrad Hotel, Dubai, United Arab Emirates.

The event is in the final stage of having everything together for you to have the best possible experience with more than 50 speakers from UAE, Oman, Kuwait, Saudi Arabia, Egypt, Nigeria, India, France, Denmark, and United Kingdom. The main hosts of this international congress are Emirates Medical Association and Emirates Society of Mental Health. There are also 10 supporting associations, including the Asian Federation of Psychiatric Associations. You can register now through www.esmh2018.com. (The author declares no potential conflicts of interest in writing the report here.)

Samia Abul

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FROM PRESIDENTS OF AFPA-AFFILIATED SOCIETIES

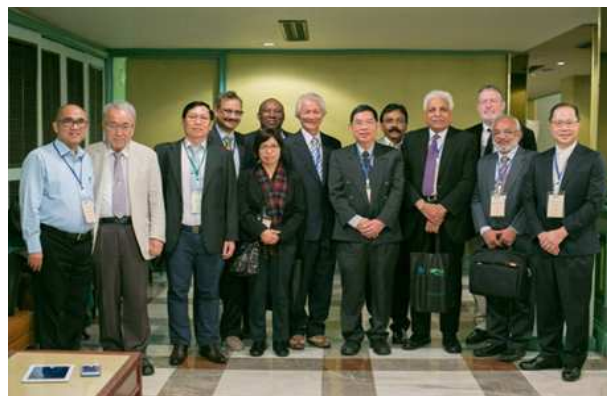
The 5th ACSR Congress, 1-3 September, 2017, Took Place in Bangkok, Thailand

As the president of Asian College of Schizophrenia Research, I would like to thank all of the 5th ACSR participants, who came from all over the world not only from Asian region but also from Europe and Africa. The conference was held at Asia Hotel, Bangkok, Thailand during 1-3 September 2017 under the theme "Future Care of Schizophrenia and Other Psychoses in Asia." Hai-Gwo Hwu (Taiwan), the immediate past president of the ACSR, gave a presidential lecture on the treatment issues for persons in pre-psychotic states. Masatoshi Takeda (Japan), the past president of the ACSR, also spoke on cognitive impairment of schizophrenia. The congress was ended with tremendous success. We were granted an honoured opportunity to welcome more than 300 participants from 23 countries. I greatly appreciate delegates' interest and participation in the conference. Without their attendance, the congress would not have been as successful.

At the ACSR congress, three pre-congress workshops, four plenary lectures, two plenary symposia, and 18 regular symposia were successfully carried out. There were in total 72 guest speakers from 19 countries (46 overseas speakers and 26 local Thai speakers), making this congress full with diverse and interesting psychiatric topics. The congress also held the poster presentation contest which consisted of 51 contestants. The first prizes were granted to In Won Chung (Republic of Korea) and Taekwan Kim (Republic of Korea). The second and the third prizes went to Tak Hyung Lee (Republic of Korea) and Sohei Kimoto (Japan); and Chun-Hung Chang (Taiwan) and Huai-Hsuan Tseng (Taiwan), respectively.

Apart from the registrants' supportive participation, the conference would not have accomplished as much without the collaboration from the Asian Federation of Psychiatric Associations, one of our supporting organizations. Naotaka Shinfuku (Japan), the founding president of the AFPA spared us his valuable time to be a guest speaker in the symposium entitled "Overview of Research on Asian Psychotropic Prescription Pattern (REAP) Project: Country Variations and Trends." Also, Afzal Javed (Pakistan), the current president of

AFPA, joined us as our honored speaker in one of the plenary lectures entitled "Empowerment and Financial Autonomy for Schizophrenic Patients: An Experience from a Developing Country." Another great contribution came from Winston W. Shen (Taiwan), the editor of the Bulletin of AFPA, who gave us such a great honour by hosting a pre-congress workshop with the title of "Writing English Psychiatric Papers. Xin Yu (China), the AFPA secretary for science, gave us a lecture entitled "Psychotic Disorders in the Elderly." Last but not least, Prasad Rao (India), the AFPA secretary for education and training of AFPA, enlightened us as to "Comorbid Medical Illness in Schizophrenia." I would like to take this opportunity to express my gratitude for these five distinguished fellow psychiatrists for their generous contribution.



A group photo at the 5th ACSR Congress

From the left: Andi J Tanra (Indonesia), Naotaka Shinfuku (Japan), Ka Sombaunat (Cambodia), Prasad Rao Gundugurti (India), Helen Chiu (Hong Kong), Solly Rataemane (South Africa), Hai-Gwo Hwu (Taiwan), Pichet Udomratn (Thailand), M. S. Reddy (India), Afzal Javed (Pakistan), Ricardo Guinea (Spain), Thyloth Murali (India), and Mian-Yoon Chong (Taiwan)

I earnestly wish that ACSR will still receive kind support from the AFPA for the 6th ACSR to be held in China in 2019, and look forward to seeing many Asian participants at the upcoming conference. (The author declares no conflict of interest in writing this article.)

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(Editor's note: Udomratn is the current president of the ACSR.)

ACNP/AsNP/CINP/ECNP Leadership Meeting, 7 December, 2017

At the annual meeting of the American College of Neuropsychopharmacology (ACNP), Palm Springs, California, USA, 3-7 December, 2017, there was a one-hour leadership meeting of ACNP, Asian College of Neuropsychopharmacology (AsCNP), International College of Neuropsychopharmacology (CINP), and European College of Neuropsychopharmacology (ECNP).

This meeting is intended for sharing information of activities of those colleges. I reported the wrap-up of the 5th AsCNP Congress at Nusa Dua, Bali, Indonesia, 27-29 April, 2017. I also announced that the 6th AsCNP Congress will be held in Fukuoka, Japan, 11-13 October, 2019.

Accompanied by Winston W. Shen (an AsCNP council member), I found that most leadership meeting participants from various colleges are interested in reaching out to Asian basic scientists and psychiatrists who are interesting in attending various college congresses. (The author declares no conflicts of interest in writing this report.)



A group photo at the ACNP/AsCNP/CINP/ECNP leadership meeting
Back row from left: Winston W. Shen (Taiwan), Kazutaka Ikeda (Japan), Gill Moore (United Kingdom), Pierre Blier (Canada), David Kupfer (USA), and Joseph Zohar (Israel)
Front row from left: Alan Frazer (USA), Anissa Abi-Dargham (USA), Steven Hyman (USA), Marina Wolf (USA), and Barbara Sahakian (UK)

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(Editor's note: Ikeda is president-elect of AsCNP.)

The Activities of TSBPN

Taiwanese Society of Biological Psychiatry and Neuropsychopharmacology (TSBPN) is the academic society in Taiwan, affiliating to the World Federation of Biological Psychiatry (WFCBP) and the Asian College to Neuropsychopharmacology (AsCNP). TSBPN also has a chapter for "bipolar disorder."

TSBPN has two annual (spring and autumn) academic meetings. Last autumn meeting was a one-day meeting held in Taipei on 4 November, 2017. For the second year, TSBPN had a combined meeting with the Taiwanese Neuroscience Society (TNS). In the morning, both TSBPN and TNS shared a core programme consisting of (A) a dozen of highlight lectures featuring the advances in psychiatry and neurosciences in Taiwan as well as (B) a plenary lecture on ketamine's rapid antidepressant therapy by Kenji Hashimoto (Chiba University, Japan). In the afternoon, TSBPN had a special training workshop with seven speakers on transcranial magnetic stimulation, while the TNS had its own symposium. Each society had their poster sections. Council members of both societies hosted Hashimoto a banquet in the evening.

TSBPN had a council meeting on 13 January, 2018 in Taipei. New 12 membership applications and the second half of the 2017 expenditure report with income and expenses were reviewed and approved. A tentative spring meeting on 24 March, 2018 at Chiayi Chang Gung Memorial Hospital was planned with a recreation social programme of visiting National Palace Museum - South Campus. Topics with local speakers and one international speaker were suggested.

An AsCNP programme, Asian Night, was announced at the congress of the International College of Neuropsychopharmacology (CINP) 16-19, 2018, in Vienna, Austria. Besides the expected heavy delegates



to attend the CINP congress from Taiwan, TSBPN will send in five young investigators with travel award (US\$ 1,000.00 per poster).



A group photo after the TSBPN's council meeting on 13 January, 2018
Front row sitting from left: Kun-Po Chen, Winston W. Shen, Shih-Ku Lin, Tom Tung-Ping Su, and Yen Kuang Yang.
Back row standing from left: Shang-Chien Huang, Cheng-Ta Li, Chau-Shoun Lee, Mong-Liang Lu, Ming-Hsien Tsai, Ming-Chyi Huang, and Ya-Mei Bai

At the council meeting, TSBPN again offers travel award (US\$ 1,000.00 per poster) for young investigators with submissions of posters to the Asia-Pacific Congress

of the World Federation of Biological Psychiatry (WFSBP) in Kobe, Japan (7-9 September, 2018); and the congress of AsCNP in Fukuoka, Japan (11-13 October, 2019). Total awards are limited to five best posters for each of the two congresses in Japan.

There was also a suggestion that TSBPN's autumn 2018 academic meeting is planned to be held in Kobe in September 2018 pending if the attendance rate of the members and availability of meeting venue can be solved. (The author declares no conflicts of interest in writing this feature.)

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(Editor's note: Lin is the TSBPN president, 2016-2018.)

LETTERS-TO-THE EDITOR



I am writing to announce the availability of "Neuroscience-based Nomenclature" (NbN, www.nbnomenclature.org) which is an educational software programme to self-educate psychiatrists on new knowledge and nomenclature in psychiatric drugs used in daily psychiatric practice. NbN is an academic product in which was developed by the European College of Neuropsychopharmacology (ECNP) together with the American College of Neuropsychopharmacology (ACNP), the International College of Neuropsychopharmacology (CINP), the Asian College of Neuropsychopharmacology (AsCNP), and the International Union of Basic and Clinical Pharmacology Societies (IUPHAR).

The official app of NbN is to provide the nomenclature, and to give a powerful tool to the clinicians to zero down on the right medication for a given patient. The app is available free of cost on Google Play (www.play.google.com/store/apps/details?id=il.co.inmanage.nbnomenclature) or Apple Store (www.itunes.apple.com/us/app/nbn-neuroscience-based-nomenclature/id927272449?mt=8). (Besides announcing the availability of NbN, the author declares no conflicts of interest.)

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(Editor's note: NbN committee members are Zohar [chair, ECNP]; Guy Goodwin [UK, ECNP]; Hans-Jürgen Möller [Germany, ECNP]; David Kupfer [USA, ACNP]; Pierre Blier [Canada, ACNP]; Michael Spedding [UK, IUPHAR]; Shigeto Yamawaki [Japan, AsCNP], and Hiroyuki Uchida [JP, AsCNP].)



It is my pleasure to invite you to join me at the Neuropsychiatry Masterclass 2018, scheduled on 23-24 July 2018 in Kuala Lumpur, Malaysia. The masterclass is organised by the Neuropsychiatry Unit, Department of Psychiatry and Mental Health in collaboration with the Badan Kebajikan Psikiatri (Psychiatry Welfare Association) of Hospital Kuala Lumpur. Venue of the Neuropsychiatry Masterclass 2018, will be at Aloft Kuala Lumpur Sentral, No. 5 Jalan Stesen Sentral, 50470 Kuala Lumpur, Federal Territory of Kuala Lumpur, Malaysia.

This masterclass will bring together renowned local and international experts in neuropsychiatry, neurology, neurosurgery, and neurorehabilitation who are engaged in care of people with illness of brain and mind. The leading national and international experts will share their knowledge and impart skills in understanding and managing people with neuropsychiatry illnesses such as dementia, acquired brain injury, functional neurological

disorders (conversion disorders), movement disorders, epilepsy and many more.

Besides, unique cultural heritage and Malaysian cuisine are excellent additional incentives to visit Kuala Lumpur and attend this masterclass. For more information please email me directly. We are looking forward to welcoming you in Kuala Lumpur. (The author declares no potential conflicts of interest in announcing this news.)

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*(Editor's note: Kok Yoon is the chairman of
Neuropsychiatry Masterclass 2018.)*

COMMENTARY

(The opinions expressed here are authors' personal opinions, and they do not necessarily reflect those of any organisation.)

A Brief Introduction of the Japan Young Psychiatrists Organisation

The Japan Young Psychiatrists Organization (JYPO) is an independent non-profit organization established in 2002, to which many young psychiatrists belong in Japan (www.jypo.org/en/). The JYPO is aimed to create networks and to enhance the future collaboration of young psychiatrists regardless of the affiliations in Japan and in other part of the world, as well as to contribute to an improved care in global psychiatry and mental health through networking. Here, we would like to explain its history, specific features, and representative activities in this column.

The history

The JYPO was established in June 2002 with the cooperation of the World Psychiatric Association (WPA) and the Japanese Society of Psychiatry and Neurology (JSPN) through the 12th World Congress of Psychiatry (WCP) held in Yokohama, Japan. Prof. Norman Sartorius (Switzerland, a former president of WPA) and Prof. Mitsumoto Sato (Japan, a former president of the JSPN) played major rôles in establishing the JYPO based on the belief that educating young psychiatrists will be the key to improve global mental health. After the establishment, the JYPO has held many workshops, multi-centred research, symposia in major international academic meetings.

Since JYPO's activities were greatly recognised as the contribution to the public interest, the JYPO

became a non-profit organisation 2008. Furthermore, since the degree of the contribution to the public interest has distinguished itself, the JYPO was certified by the Japanese government as a certified non-profit organisation in 2016.

The membership

The JYPO has about 100 current members and about 100 graduates. The JYPO graduates have been through a specific graduation system. Psychiatrists whose career is within 10 years, can join the JYPO, and they are supposed to graduate from the JYPO in six years. This graduate system enables young members to be in a responsible position, and to experience something new as the older members are supporting the younger ones. Then, the younger members are eager to support new members for several years because they have been supported by the older. This system is the key to make the JYPO young, continuous, and energetic.

The Course for Academic Development of Psychiatrists

The Course for Academic Development of

Psychiatrists (CADP) is one of the most important annual event organised by the JYPO. The CADP was originally founded by Sartorius and Prof. Sir David Goldberg (United Kingdom), and the first CADP was held as a programme in the 12th WCP in 2002. The main aim of CADP is to enhance education for young psychiatrists particularly for professional and leadership skills.

The CADP has been organised by the JYPO from the second time. Each participant performs several rôles such as a presenter, chairperson, and report writer. We all stay in the same hotel and share the same meals. This arrangement greatly contributes to the strong bonding among us, and stimulates our mutual communication. Since 2008, we have invited several overseas participants mainly from Asian nations every year, and accumulatively more than 50 foreign young psychiatrists have already participated in the CADP.

The 16th CADP was conducted at Chiba in February 2017. Many well-known leaders in psychiatry gave interesting lectures and enthusiastically guided us. As a result of the 16th CADP, the total cumulative number of CADP participants exceeded 600.



A group photo at the 16th CADP in Japan in 2017

Front row sitting from left: Toshitaka Ii (Japan), Daisuke Fujisawa (JP), Fumi Masuda (JP), Toru Horinouchi (JP), Norman Sartorius (Switzerland), Nozomu Oya (JP), Kumi Aoyama (JP), Masuo Tanaka (JP)

The middle row standing from left: Keiichiro Nishida (JP), Hiroyuki Fukushima (JP), Takuji Izuno (JP), Moriou Aki (JP), Yuki Matsui (JP), Shiina Matsuyama (JP), Akane Ito (JP), Genis Wangtrakuldee (Thailand), Patcharapim Takizawa (Thailand), Yuka Oyanagi (JP), Taeko Hamamoto (JP), Nozomu Hashimoto (JP), Tetsuji Cho (JP)

The back row standing from left: Kanna Sugiura (JP), Masaru Tateno (JP), Hidekazu Kato (JP), Toshiaki Baba (JP), Takeo Yamada (JP), Naoki Uchida (JP), Yuki Yoshi Sumi (JP), Felix Noppes (Germany), Kazuya Asanuma (JP), Arporn Puengyod (Thailand), Mao Fujioka (JP), Naoki Hashimoto (JP), Ryoma Kayano (JP), Soichiro Sato (JP), Isao Shimizu (JP), Teppei Kosugi (JP), Tchern Kuang Lambert Low (Singapore), Yuta Takahashi (JP), Shinsuke Nakano (JP), Ryo Sawagashira (JP), Masae Watanabe (JP), Kei Eguchi (JP), Emi Igarashi (JP), Muneyuki Suzuki (JP), Yoko Tsukamoto (JP), Chih-Kang Hsu (Taiwan)

Collaboration and connection with other organisations

The JYPO has had many effective collaborations and connections with other organisations. In particular, the Asian Federation of Psychiatric Associations (AFPA) has been one of the closest organisations. The JYPO has been involved in many activities for early career psychiatrist in the AFPA framework. The AFPA always gives us the generous and wonderful opportunity to organise an early career psychiatrists session or to be a presenter or symposium speaker at various AFPA congresses. Such opportunities effectively have fostered our academic skills and strengthened the connection between us. Besides, the JYPO has connections with JSPN, WPA, WPA early career psychiatrists section, European Psychiatric Association, and so on.

Perspective

JYPO's structure and system have been changed gradually in the past 17 years. But the aim of JYPO has still unchanged, remaining to create networks and to enhance the future collaboration of young psychiatrists regardless of the affiliations in Japan and in other part of the world. We hope that many young psychiatrists can open their eyes and get motivated and involved in the international collaboration, resulting in having a good impact on psychiatry and global mental health. To obtain the result, we believe that to remain the effective connection as one with AFPA is essential, and that and we shall cherish this opportunities. (The authors declare no potential conflicts of interest in writing this commentary.)

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(Editor's note: Horinouchi and Kuga are the certified JYPO president and the auditor, respectively.)



A group photo at the get-together meeting of the 14th Course for Academic Development of Psychiatrists in Fukuoka, Japan in 2014

Front row from left: Jane Pei-Chen Chang (Taiwan), Masuo Tanaka (Japan)

The middle row from left: Hidekazu Kato (JP), Muneyuki Suzuki (JP), Toru Horinouchi (JP)

The back row from left: Tetsuji Cho (JP), Kazufumi Yoshida (JP), Hironori Kuga (JP), Pia Quimson-Guevarra (USA)



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